

Nature of Words: Write from the Soul

creative writing workshop

“Our best writing emerges out of silence and stillness, often surprising us with the force of its honesty and intensity. This is the writing that comes from the centre of our soul.”

Deborah Carr

Whether you write fiction or non-fiction, memoir or poetry – or whether you just dream of writing – join us for the “Write from the Soul” Workshop. This workshop will give you the permission and the courage to find words in the stillness and put those words to paper.

In the midst of a tranquil landscape, you'll learn how to combine simple yoga techniques with writing practice to take you deep into your creative soul. You'll also learn habits and techniques that will boost the creative flow and help you harvest details from your own life to colour your writing. You will leave refreshed, inspired and confident.

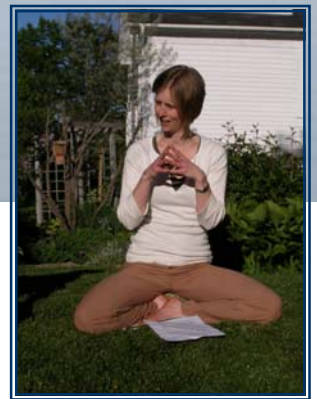
This workshop is about breaking free of structure and rules to release your voice, so we're presenting it in the natural and slightly wild setting of artist Karin Bach's whimsical studio and garden on the Bay of Fundy. Where better to let creativity flow, than on the shores washed by the planet's mightiest tides?

“Discover the power of place. Connect with yourself in the midst of nature while doing something you love.”

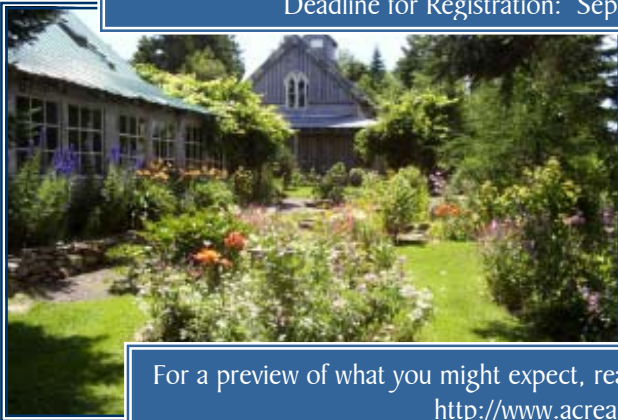
When: September 19, 2009, 10:00 am – 4:00 pm

Where: An Artist's Garden, 1245 Route 915, New Horton, NB (approximately one hour drive from Moncton)

Cost: \$115 (HST incl.) price includes healthy lunch, snacks and refreshments. Advance payment required to confirm registration.



As we strive for an intimate, comfortable environment, this workshop is limited to 12 participants
Deadline for Registration: Sept. 4. For more information, visit www.natureofwords.ca



Workshop presenter Deborah Carr has been a professional freelance writer for ten years and co-presenter, Tammy Carlin, is a certified Kripalu Yoga instructor.

Re-Treat Yourself

Indulge yourself with a total retreat and reserve a delightful room offered by An Artist's Garden Bed & Breakfast. Accommodations are limited, so book early. Visit www.anartistsgarden.com or contact Karin Bach at 882-2166.

For a preview of what you might expect, read Deborah's article about Karin's garden, published in Acreage Life Magazine - http://www.acreagelife.ca/archive/3_0407/maritime_garden.html